



[Learn More](#)

## Our Mission

KidsGardening creates opportunities for kids to play, learn, and grow through gardening, engaging their natural curiosity and wonder. We want every child to experience the unique transformation that occurs when they spend time caring for a garden, be it outside, in a classroom, or in a cup on the kitchen windowsill. Since 1982, KidsGardening has served as a premier support provider for youth garden programs nationwide.

## Our Vision

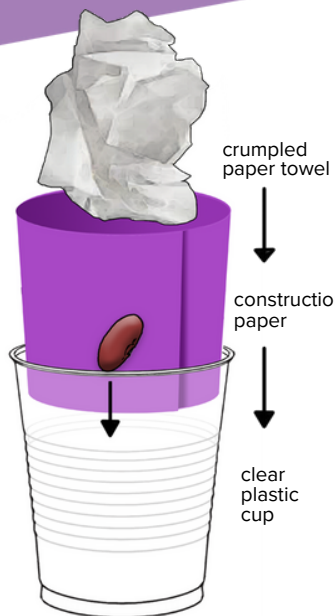
Happier, healthier kids learning in the garden and connecting to nature. We believe gardening improves kids' lives, their communities, and the planet. Gardening engages every child's innate wonder and care for the natural world, offers them opportunities to participate in hands-on learning, and teaches them where their food comes from.

## Our Impact

In 2023, KidsGardening provided grants and original educational materials to 2.7 million kids across the country.

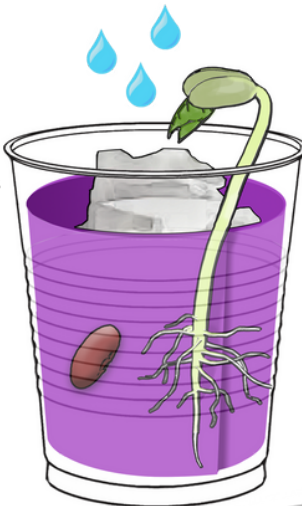


# KITCHEN SCRAP GARDENING



## Bean Viewer

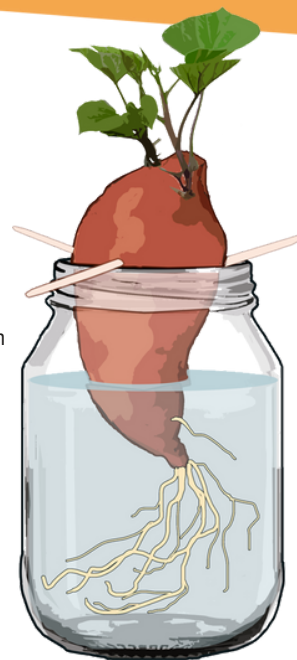
1. Cut construction paper into a rectangle, and then roll and place in cup.
2. Ball up a few paper towels and place them inside.
3. Place 3 to 4 dried beans between the side of the cup and the paper liner.
4. Add water to the paper towels until fully wet.
5. Place the cup in sunny place and keep paper towels and seeds moist.
6. Seeds should begin to grow in 3 to 5 days.



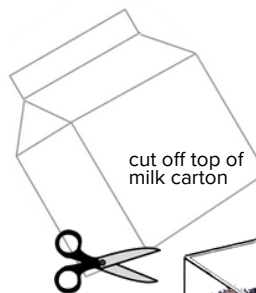
## Eye on Potatoes



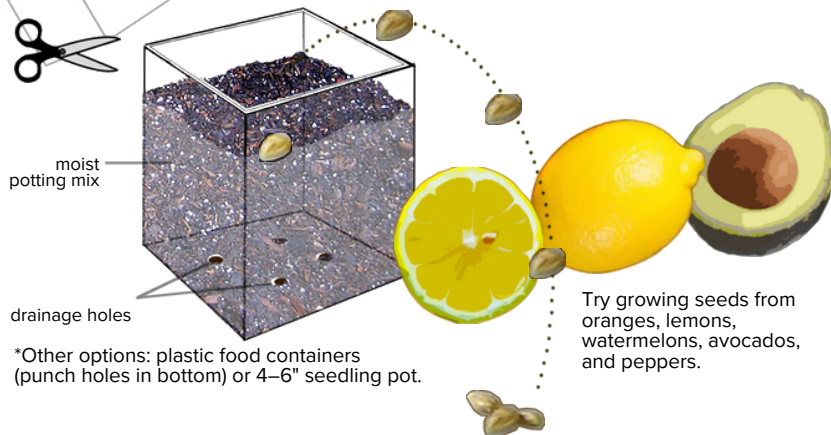
1. Insert 3 to 4 toothpicks in a circle around a sweet potato.
2. Insert the narrow end of the potato in a jar so the toothpicks rest on the rim.
3. Fill glass with water so the bottom of the potato is under water.
4. Place glass in a sunny window.
5. Watch for new roots, stems, and leaves to sprout.
6. Transplant it into a planter with potting mix when the roots outgrow the jar.



## Sensational Seeds



1. Save seeds from fruit; wash & allow to dry for 1–2 days.
2. Fill milk carton bottom\* with moist potting soil.
3. Plant small seeds ½" deep, large ones 1" deep.
4. Cover pot with a plastic bag and place in a warm, sunny spot.
5. When seeds sprout, remove plastic bag. Water as needed.



## Carrot Magic



1. Save the top 2" of a carrot. Snip off leaves, if any.
2. Add a layer of pebbles to a shallow bowl or dish and fill with water.
3. Place carrot tops in pebbles so they are touching water. Add more water as needed.
4. New leaves will begin to grow in 5 to 7 days. (They won't grow new orange carrot roots but the young green leaves are edible!)