Develop a Support Network

**WORKSHEET**

Use this worksheet to compile the contact information for potential members of your school food garden support network, including possible planning and garden committee members.

Key administrators to contact (i.e., principal, executive director, vice principal, school board members, and school district staff):

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<tr>
<th>Title</th>
<th>Name</th>
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Educators who may be interested in the garden program:

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<th>Name</th>
<th>Title/Grade</th>
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Support Staff who may be interested in the garden (i.e., cafeteria staff, librarian, nurse, custodians)

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Caregivers who may be interested in helping with the garden:

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<tr>
<th>Name</th>
<th>Child's Name &amp; Grade</th>
<th>Email</th>
<th>Phone Number</th>
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Potential Community Volunteers (i.e., neighbors, Master Gardeners, garden clubs, local nurseries or landscape company employees, farmers, health care workers):

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<th>Name</th>
<th>Connection to the Garden</th>
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Students interested in helping with the garden:

<table>
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<th>Name</th>
<th>Grade</th>
<th>Contact Information</th>
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Local media to contact to spread the word about the garden:

<table>
<thead>
<tr>
<th>Name</th>
<th>Media Outlet</th>
<th>Email</th>
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Develop Garden Goals

WORKSHEET

Brainstorm with your garden planning committee and support network to answer the following questions to help you define your garden goals:

Who will participate in the garden?

What do we hope participants will learn through the garden experience?

How will the garden fit into our existing activities and/or curriculum?

Where can we plant the garden?

When will we garden?

How much time will each participant realistically be able to spend in the garden?

How much money do we think we can potentially raise for installation? For garden maintenance?
Here is a checklist of tools and resources commonly needed for a sustainable youth garden program:

### TOOLS AND EQUIPMENT

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Quantity Needed</th>
<th>Cost</th>
<th>Donated/Purchased</th>
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<tbody>
<tr>
<td>Hand trowels</td>
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<td>3-pronged hand cultivators</td>
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<td>Shovel</td>
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<td>Hoe</td>
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<td>Rake</td>
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<td>Water hose</td>
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<td>Watering can</td>
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<tr>
<td>Buckets</td>
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<tr>
<td>String and tape measure</td>
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<tr>
<td>Garden stakes and row markers</td>
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<td>Garden cart or wheelbarrow</td>
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### MATERIALS

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<th>Item Description</th>
<th>Quantity Needed</th>
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<th>Donated/Purchased</th>
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<tr>
<td>Soil</td>
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<td>Compost</td>
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<td>Mulch</td>
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<td>Fertilizer</td>
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<tr>
<td>Plant Name</td>
<td>Seed or Transplant</td>
<td>Quantity Needed</td>
<td>Cost</td>
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<tr>
<th>Book or Website Name</th>
<th>Author</th>
<th>Website Link</th>
<th>Cost</th>
<th>Downloaded/Donated/Purchased</th>
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### Additional Notes:

- **Plants**: List of plants with columns for name, type (seed or transplant), quantity needed, cost, and the source (donated or purchased).
- **Educational Support Materials**: List of educational materials with columns for book or website name, author, website link, cost, and the source (downloaded, donated, purchased).
Sample Garden Program Volunteer Job Description

WORKSHEET

Title:

Duties:

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Location:

Time Required:

Schedule:

Skills Needed:

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Training Available:

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Reports to:

School Volunteer Policy:
Sample Garden Program Volunteer Job Description

**Title:** Work Day Volunteer

**Duties:**

- Provide general maintenance of garden including weeding, watering, and planting.
- Help with special projects.

**Location:** School garden

**Time Required:** 3 hours once a month

**Schedule:** The second Saturday of the month March-October

**Skills Needed:**

- Willingness to get dirty

**Training Available:**

- Garden volunteer orientation

**Reports to:** Garden Coordinator

**School Volunteer Policy:** All volunteers must complete background checks.
Planting Day Event Checklist

WORKSHEET

Date Selected:

Time:

Event Coordinators:

Special invitations sent to:

Media contacted:

Volunteers attending:

Agenda for the event:

Supplies needed:

Snacks and drinks:
Sample Year-End Report Form and Surveys

SAMPLE GARDEN YEAR-END REPORT FORM

Name of Garden Coordinator:

Contact information for Garden Coordinator:

Number of students who participated in the program:

How many hours per week on average was each student involved in gardening activities:

Estimated number of students who benefited indirectly from the garden program:

Planting date (s):

Plant list:

Volunteers who participated in the garden program this year:

Grants and awards received for the garden program this year:

Donations received for the garden program this year:
How much money was spent on the garden program this year?

Obstacles to the garden program this year:

Successes of the garden program this year:

Suggestions for future gardens and programming:
SAMPLE GARDEN YEAR-END SURVEY FOR STUDENT GARDENERS

List 3 things you learned about growing a garden this year:

1.

2.

3.

Did you eat any of the fruits and vegetables from the garden?

After helping with the garden, do you:
___ like fruits and vegetables more
___ like fruits and vegetables the same
___ not like fruits and vegetables

After helping with the garden do you think you:
___ eat more fruits and vegetables
___ eat the same number of fruits and vegetables
___ eat fewer fruits and vegetables

My favorite thing about our garden is:

My favorite garden activity from this year was:

Please list any ideas you have for next year’s garden:
SAMPLE GARDEN YEAR-END SURVEY FOR EDUCATORS AND VOLUNTEERS

1. What subjects did you teach through the garden program:
   ___ Science
   ___ English
   ___ Math
   ___ History
   ___ Social Studies
   ___ Health and Nutrition
   ___ Art
   ___ Physical Education
   ___ Technology
   ___ Other, list:

2. What curriculum books or activity guides did you use?

3. Did you connect your garden lessons to your required curriculum?

4. What non-academic topics were taught through the garden program:
   ___ Community Service
   ___ Leadership Training
   ___ Character Development
   ___ Intra/Interpersonal Relations
   ___ Team Building
   ___ Intergenerational Connections/Mentor Programs
   ___ Other, list:

5. What percentage of your time in the garden was spent on the following types of instructional techniques:
   ___ % Lecture
   ___ % Independent Learning
   ___ % Student-led Investigations/Hands-on Activities
   ___ % Educator-led Investigations/Hands-on Activities
   ___ % Collaborative Project Work
6. Did you witness improvements in any of the following characteristics:

___ Improvements in scholastic achievement
___ Improvements in attitude towards school
___ Improvements in environmental attitudes
___ Improvements in nutritional attitudes
___ Improvements in social skills
___ Improvements in self-confidence
___ Improvements in community spirit
___ Improvements in leadership skills
___ Improvements in volunteerism
___ Improvement in motor skills
___ Other, list:

7. What evidence do you have of garden program effectiveness:

___ Positive comments from students
___ Positive comments from family members
___ Positive comments from administrators
___ Positive comments from volunteers or community members
___ Positive survey results
___ Improvement in test scores
___ Decrease in disciplinary actions
___ Improvement in attendance rates
___ Other, list:

8. Did your students have the chance to eat fruits or vegetables from the garden?

9. Did you notice any changes in their attitudes toward fruits and vegetables?

___ Significant Positive Change
___ Moderate Positive Change
___ No Change
___ Moderate Negative Change
___ Significant Negative Change
10. Did you notice any changes in their consumption of fruits and vegetables
   ____ High increase
   ____ Moderate increase
   ____ Low increase
   ____ No change
   ____ Decrease

11. Please share any additional thoughts you have about the impact of the garden program. Include student quotes or stories if available.

12. What parts of the garden program do you want to see continued for next year?

13. Please list any suggestions or ideas for improvement you have for next garden season: