

Square Foot Salad Garden Planning Worksheet

Square foot gardens divide garden beds into plots 1' X 1' to encourage diversity and efficiency. In larger planting beds, each square foot plot can be planted with one type of vegetable or herb plant, and the plots can be positioned in complementary patterns. In smaller beds where only a couple of plots are available, you can combine different types of plants within each square foot.

Use the information below to plan your own Square Foot Salad Garden:

Plant Name	Seed Spacing
Beans 'Blue Lake'	6"X6", 36 boxes
Broccoli 'Small Miracle'	12"x 12", 144 boxes
Carrots	3" X 3", 9 squares
Collard Greens	12"x 12", 144 boxes
Kale 'Dwarf Blue Curled'	6"X6", 36 boxes
Leaf Lettuce	6"X6", 36 boxes
Parsley	6"X6", 36 boxes
Radishes	3" X 3", 9 squares
Sugar Snap Peas*	144 boxes*
Swiss Chard	6"X6", 36 boxes

*Sugar Snap Peas grow on vines and will be planted around three stakes, forming a pyramid. On the design, draw three clusters of seeds spaced around the square foot plot. Plan to plant two to three seeds around each stake.

Plant Descriptions:

Beans 'Blue Lake'

The 'Blue Lake' variety of bean is a bush bean, which means the plant will grow in a bush form and does not need an extra trellis or stake for support.

- Number of days until plants will emerge after planting: 6 days
- Number of days from planting until harvest: 60 days

Broccoli 'Small Miracle'

We eat the immature flower buds of the broccoli plant. It can be eaten raw or cooked. Broccoli plants like cooler temperatures.

- Number of days until plants will emerge after planting: 7 to 10 days
- Number of days from planting until harvest: 54

Carrots

We eat the roots of carrots. Varieties range in size from baby carrots to foot-long roots. Although orange carrots are most common, yellow, white, orange, and maroon varieties are available.

- Number of days until plants will emerge after planting: 12 to 18 days
- Number of days from planting until harvest: 75 days

Collard Greens

Collard greens are a leafy green in the cabbage family. They stand out from other cabbage-family plants in their tolerance to

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cold and hot temperatures and high humidity. Their loose-leaf (non-heading) form makes them less susceptible to fungal diseases than their tight-leaved and head-forming relatives, such as cabbage and cauliflower.

- Number of days until plants will emerge after planting: 5 to 10 days
- Number of days from planting until harvest: 75 days to maturity, but leaves can be harvested and consumed earlier

Kale 'Dwarf Blue Curled'

Kale is related to cabbage and has thick green leaves. The leaves can be eaten raw or cooked. This variety offers smaller, more compact plants.

- Number of days until plants will emerge after planting: 5 to 10 days
- Number of days from planting until harvest: 60 days

Leaf Lettuce

Leaf lettuce grows loose rather than in a tight head. You can pick a few leaves at a time, and as long as you don't pick too many, it will continue to grow. In cool weather, you could potentially harvest lettuce for many months.

- Number of days until plants will emerge after planting: 6 to 8 days
- Number of days from planting until harvest: 45 to 50 days

Parsley

Parsley is high in Vitamin A, and by weight, it has more Vitamin C than an orange! The curly variety has tight, mounding growth that resembles a bed of soft moss, making it a nice "touch plant."

- Number of days until plants will emerge after planting: 10 to 28 days
- Number of days from planting until harvest: 60 days

Radish

Radishes grow quickly. You eat the root of the plant that has a spicy, pepper-like flavor. It can be added to salads or eaten alone.

- Number of days until plants will emerge after planting: 3 to 6 days
- Number of days from planting until harvest: 23 days

Sugar Snap Peas

Sugar snap peas are a type of pea that you can eat the pod along with the seeds inside. They are often used for salads or eaten fresh by themselves.

- Number of days until plants will emerge after planting: 3 to 6 days
- Number of days from planting until harvest: 64 days

Swiss Chard

Swiss Chard is grown for edible petioles (leaf stalks) and leaves. The variety 'Bright Lights' is popular with kids because its stems and leaf veins come in a range of bright colors, including yellow, pink, red, orange, purple, white, and green.

- Number of days until plants will emerge after planting: 7 to 14 days
- Number of days from planting until harvest: 45 to 60 days

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