



& #kidsgardening

RDENING

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kidsgardening.org/gardenwitheggs









Enter the contest by sharing a photo of your completed activity and tagging it with #gardenwitheggs & #kidsgardening

SUPPLIES

- Scissors
- 1 egg carton
- 12 egg shells (having extra is a good idea!)
- Soil
- Grass or sprouting seeds (i.e. chia, broccoli sprout seeds, wheatgrass, cat grass)
- Butter knife
- Spray bottle
- Decorating supplies (permanent markers, paint, googly eyes, glitter glue, etc.)

SEED STARTING

This activity also can be used to start vegetable seedlings for your garden, but the eggshell must be removed before planting.

INSTRUCTI

- 1. Cut off the bottom section of the egg carton. The cups will hold your egg heads in place while they are growing.
- 2. Use a butter knife to lightly tap around the very top of the egg shell, leaving the bottom to serve as a planting vessel.
- 3. The hole should be about the size of a quarter. Taking the smallest amount of the top off as possible will help ensure that your seeds have enough depth for their roots.
- 4. Remove the egg and save it in a container in the fridge to prepare later or use it immediately in your favorite recipe!
- 5. Use your finger to gently peel off the inner membrane of the eggshell. This will prevent mold from growing in the inside of the shell.
- 6. Gently wash the inside of the shell with warm water to get rid of any remaining residue.
- 7. Decorate the outside the outside of your eggshell with your choice of art supplies, and create a "face" on your "head." Once the grass or sprouts begin to grow, it will have "hair!"
- 8. Using a teaspoon, carefully fill the eggshell with your soil, about 3/4 of the way to the top.
- 9. Sprinkle a layer of seeds over the exposed soil (to ensure a thick head of hair!) and cover with a thin layer of soil.
- 10. Using a spray bottle, water enough to keep the soil moist at all times.
- 11. Place the carton and egg heads in a windowsill that gets regular sunlight.
- 12. Expect to see sprouts growing within a few days.
- 13. Once your "hair" is established, feel free to give your egg heads a "haircut" and watch them regrow!











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SUPPLIES

- Egg carton
- Samples, pictures, or a written description of things that can be found in the garden (i.e. a specific plant, various plant parts, seeds, flowers, rocks, etc.)

Color Scavenger Hunt

Explore the rainbow! Fill your top row with different colors using paint sample strips, crayon pieces, or colored paper, and search for items that match your colors.

INSTRUCTIONS

- 1. Fill the top row of the egg carton with samples or pictures of things that can be found in the garden. Optional: specify a quantity to collect.
- 2.Leave the bottom row empty so that matching items from the garden can be placed inside.
- 3. Keep the top of the carton on for safekeeping of the items while players explore the garden.

HOW TO PLAY



- 1. Players go out into the garden to find and collect samples from the garden that match.
- 2. Tell players to respect everything living in the garden; only take a sample that is small enough to fit into each hole (not the whole plant!) and do not touch any live animals.
- 3. Set time limits to see which player comes back the quickest with their bottom row filled or play multiple rounds with different samples.











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SUPPLIES

- 100% recycled plastic egg carton
- Paper
- Colored pencils or crayons (not markers as they will bleed through the paper)
- Pencils
- Garden seeds
- Glue or tape

STORAGE TIPS

- To preserve seed viability, store the seed box in a cool, dry, dark place.
- As you collect and add more seeds from your garden, update your label with harvest dates.
- Silica packets can also be added to remove excess moisture.

INSTRUCTIONS

- 1. Remove any existing labels from the egg carton, clean, and sanitize it.
- 2. Using the top of the carton as an outline, place it onto a piece of paper and trace around the edge. This will be used to label the seeds.
- 3. On one side of the paper, decorate it as your "Garden Seed Box." This will be the front and face the outside of the box.
- 4. On the other side of the paper, draw a line across middle of the long side of the paper. Then, draw 6 lines to divide the paper into 12 "seed boxes,"
- 5. In each box on the paper, use a pencil (that can be erased) to label the names of the seeds you plan on storing. This side will face the inside.
- 6. Use tape or glue to attach the paper to the top section of the carton.
- 7.Go out into the garden and collect your seeds, making sure to match them into the correct box.
- 8. Alternatively, if you have a large amount of unlabeled mixed seeds, participants can learn to identify each seed as they match and place them into the correct box.

See the links below for more info on seed saving. https://kidsgardening.org/gardening-basics-saving-seeds/ https://kidsgardening.org/garden-activities-save-your-seeds/